

LABYRINTH RESOURCE GROUP

Encouraging the creation and use of labyrinths as a path of healing, inspiration, and peace.

The Labyrinth Resource Group (LRG) was founded in Santa Fe in 1998 by a group of people committed to supporting the use of labyrinths in our communities and in individual lives. The original labyrinth, at the Museum of International Folk Art, completed in June 1999, was our first major project.

We have been involved in the construction of 33 labyrinths in the Santa Fe area, including 14 at elementary schools, and labyrinths at The Museum of International Folk Art, The Cathedral Basilica of Saint Francis of Assisi, and at many private homes.

Educational activities include labyrinth tours, presentations and workshops on the history of labyrinths and how to build them. A major focus of our group has been to bring labyrinths into schools. Our publication, "Kids on the Path," and its accompanying DVD, is a school labyrinth guide and resource for those wanting to bring the labyrinth experience to young people.

**For more information: (505) 989-8231
www.labyrinthresourcegroup.org**

LRG is a 501(c)(3) tax-exempt organization.

PUBLIC LABYRINTHS IN SANTA FE

The Cathedral Basilica of St. Francis of Assisi
Cathedral Place in downtown Santa Fe
Chartres style

Christ Lutheran Church
1701 Arroyo Chamiso Road
Modified Chartres style - seven circuit

Frenchy's Field Park
Agua Fria Street and Osage Avenue
Classical design

Museum of International Folk Art
Museum Hill, 710 Camino Lejo
Contemporary design

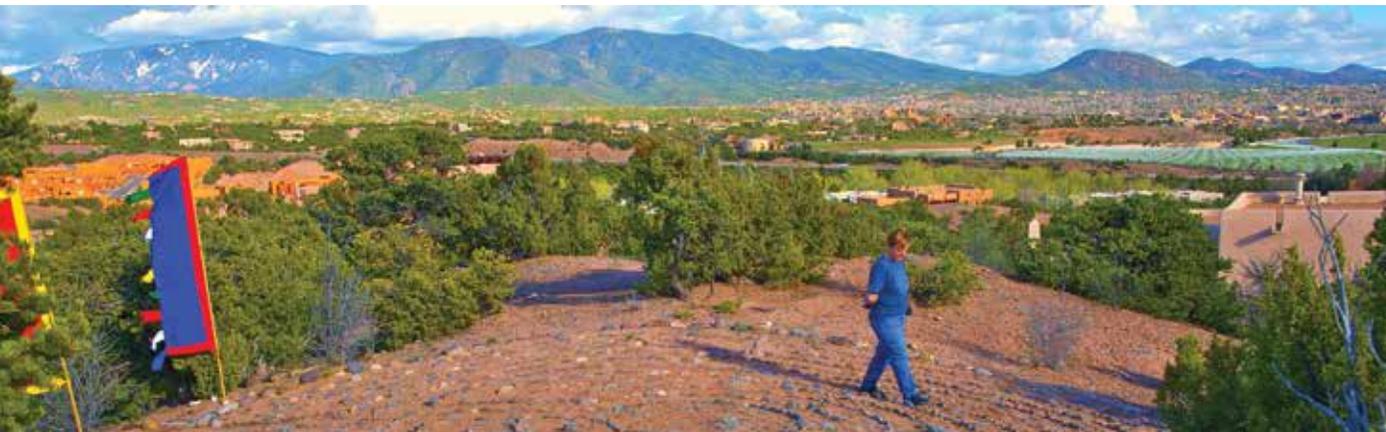
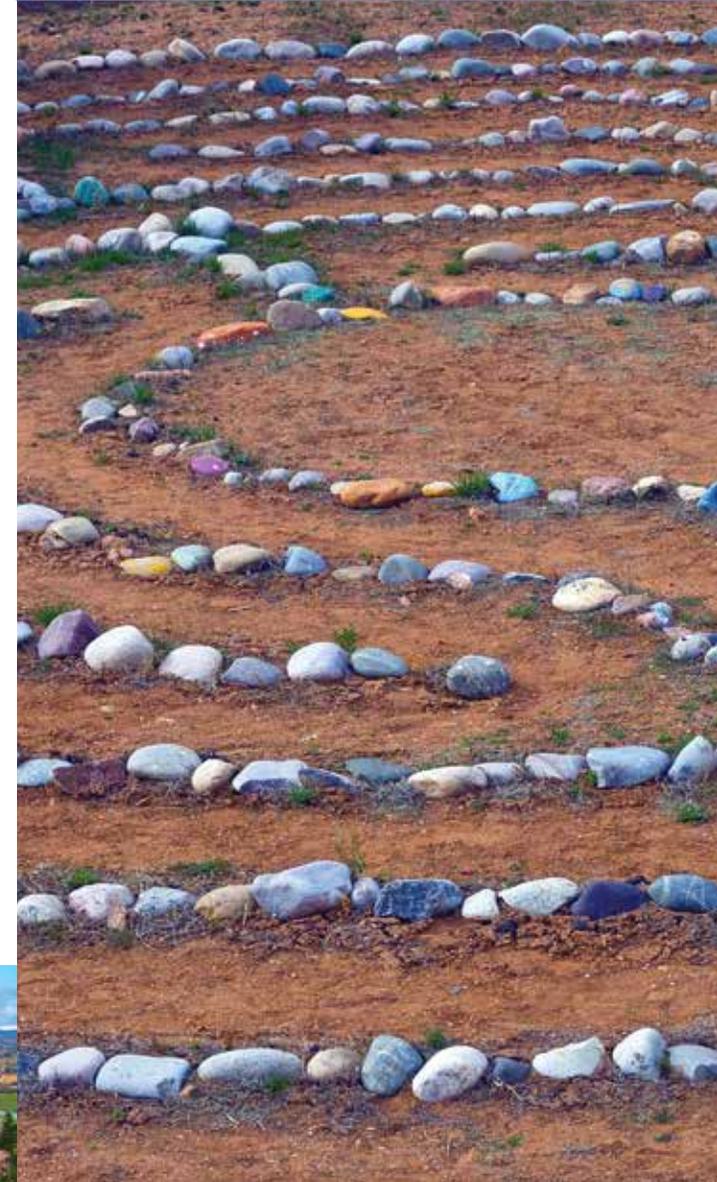
Santa Fe Railyard Park
Cerrillos Road and Guadalupe Street
Modified Classical design - six circuit

Additional resources

Veriditas: www.veriditas.net

World Wide Labyrinth Locator:
www.labyrinthlocator.com

The Labyrinth Society:
www.labyrinthociety.org



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LABYRINTHS are powerful tools for bringing people together. Communities may come together on the labyrinth to celebrate or to support one another in times of difficulty. School children might walk the labyrinth to learn how to resolve conflict, to calm down and to be able to focus better. People who are grieving may walk



together to share the burden of sorrow. Labyrinths can also be used as a tool for personal discovery, creativity and devotion.

THE LABYRINTH addresses the spiritual hunger of our times. We are starved for meaningful symbols that are free of sin and guilt. We long for ways to quiet our minds and open our hearts to embrace the differences between ourselves and others. We long to break through our isolation and create community... Walking the labyrinth is an exercise, a place to experience that we all walk the path together.

Lauren Artress

THE GREAT NEED of our time is for people to be connected to spirit; for people to be connected to a core of feeling in themselves that makes their lives vital and full of meaning, that makes life a mystery ever more to be uncovered.

Harold Stone

Walking the labyrinth encourages the connection between ourselves and the world.

THE LABYRINTH is not a maze with mental challenges and blind alleys. You walk a single path from the entrance to the center and back again. There is no “right” way to walk the labyrinth; there are no “right” thoughts to have. Let your experience be your own.

THE PATH of the labyrinth is like the path of life - with twists and turns, feelings of being lost, encounters with others in your path, a thrill of pleasure as you approach the center and sometimes a flash of insight before you leave.

SOME ENTER the labyrinth with a problem that they need to solve or an intention to change something in their lives. One person reflected, “In this space I release my fears and remember who I truly am.”



WALKING THE LABYRINTH

Release: As you enter... let go... relax... release tension... listen to your body and your spirit.

Receive: The center is often a place to see clearly and to gain insights. Stay as long as you like.

Return: Re-enter the world... bringing new strength and insights to bear on your life.



WE KNOW that labyrinths have been in existence for at least 4,000 years. They have been found in many parts of the world - Egypt, India, Scandinavia, the British Isles and the Hopi Mesas. There are labyrinths in Roman mosaics, on the stone floors of medieval churches and cut into the turf of English village greens.

TODAY there are thousands of new labyrinths around the world. Walking the labyrinth meets our need for a time and place to reflect; a chance to step out of the busyness of ordinary life so we can listen to the inner voice to help us deal with the joys and sorrows, the hopes and fears of everyday life.